



## Save money on some non-covered services with BluePerks

As a BlueCross BlueShield of Tennessee member, you may receive discounts of up to 30 percent on certain non-covered services such as massage therapy, fitness memberships, vitamins and more, with BluePerks.

### BluePerks includes discounts on:

- Fitness memberships
- Massage therapy
- Prescriptions not covered by your health plan (Discount Drug Card)
- Fertility managed plan
- Vitamins
- Diet and supplement advisors
- Spa services
- Personal trainers
- Mind/Body and relaxation therapy
- Yoga and Tai Chi instruction
- Acupuncture
- Holistic services
- LASIK corrective vision surgery
- Health magazine subscriptions
- Cosmetic services
- Vision care products
- Healthy events & activities

### Using BluePerks is easy:

- Simply log on to [bcbst.com](http://bcbst.com), find the Learn About tab and click the BluePerks link.
- Click on your area of interest or use the handy search engine to find practitioners who participate in the BluePerks discount program.
- Next, simply show your BlueCross BlueShield of Tennessee membership ID card when purchasing products or services from a practitioner who participates in the BluePerks program and receive instant discounts of up to 30 percent.
- For prescription discounts, print off a Discount Drug Card in the secure BlueAccess pages and take it to a participating pharmacy.
- It's that easy. There's no paperwork, prior authorizations, reimbursements or claims to file. Just enjoy another advantage of carrying your BlueCross BlueShield of Tennessee membership ID card.

For more information, visit [bcbst.com](http://bcbst.com) or call Customer Service at the number on your member ID card.



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