



BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association, an Association of Independent BlueCross BlueShield Plans

Get help with your Consumer-Directed Health Care Plan.

Consumer Coaches

Better understand the details of High-Deductible Health Plans, HSAs, HRAs and FSAs, through our special support center of Consumer Coaches.

These benefits experts can assist you with:

- High-Deductible Health Plan specifics
- HSA, HRA and FSA financial plan details, including;
 - IRS requirements
 - Access and information about our preferred administrators
- Online Consumer Health Tool instructions, other web resources and much more.

For help with Consumer-Directed Health Care plans, call **1-800-527-9206** or e-mail consumercoach@bcbst.com

