



Get help with your Consumer-Directed  
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plans for better health. plans for a better life.<sup>™</sup>  
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Better understand the details of High-Deductible Health Plans, HSAs, HRAs and FSAs, through our special support center of Consumer Coaches.

These benefits experts can assist you with:

- High-Deductible Health Plan specifics
- HSA, HRA and FSA financial plan details, including;
  - IRS requirements
  - Access and information about our preferred administrators
- Online Consumer Health Tool instructions, other web resources and much more.

For help with Consumer-Directed Health Care plans, call **1-800-527-9206** or e-mail [consumercoach@bcbst.com](mailto:consumercoach@bcbst.com)

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