

# Preventive Drug List

For High-Deductible Health Plans Only  
effective 10/1/09



of Tennessee  
plans for better health. plans for a better life.™

For your better health, your employer has added an enhanced benefit to your High-Deductible Health Plan for preventive care drugs. Instead of having to meet your plan's deductible for certain prescription drugs, you just pay a copay for medications on the Preventive Drug List.

Prescription drugs on the Preventive Drug List will be covered as if you already met your deductible, so you are only responsible for paying the appropriate copay. This enhanced benefit to your High-Deductible Health Plan makes it easier for you to purchase the medications you and your family need to stay healthy today – and tomorrow.

Medications on the Preventive Drug List help prevent, treat and manage several health concerns.

Some of these conditions, if not prevented or managed, can lead to serious illnesses and complications. Following your doctor's treatment plan, including taking prescribed medications as directed, can help you live a healthier life today, and avoid serious illness and high health care costs in the future.

*This list contains some of the most commonly prescribed preventive care drugs and is not all-inclusive. This list does not guarantee coverage for preventive care drugs that are not listed. This list is subject to change throughout the year. Check [bcbst.com](http://bcbst.com) for the current list.*

Covered Generics (always your lowest copay)	Preferred Covered Brands (may have a reduced copay)	Non-Preferred Covered Brands (always your highest copay)
<b>Asthma and Other Respiratory Conditions</b>		
albuterol	Advair Diskus	Accolate
cromolyn sodium	Asmanex	Accuneb
fluticasone propionate	Combivent	Alvesco
fluticasone propionate	Flovent Diskus	Azmacort
ipratropium bromide	Flovent HFA	Duoneb
ipratropium-albuterol	Nasacort AQ	Flonase
metaproterenol sulfate	Nasonex	Foradil
terbutaline sulfate	ProAir HFA	Maxair Autohaler
	Proventil HFA	Pulmicort Flexhaler
	Pulmicort Respules	Rhinocort Aqua
	QVAR	Singulair
	Serevent Diskus	Ventolin HFA
	Symbicort	Xopenex
	Veramyst	
<b>Conditions Related to Blood Clots</b>		
dipyridamole		Aggrenox
Jantoven		Coumadin
ticlopidine hcl		Fragmin
warfarin sodium		Lovenox
		Plavix
<b>Diabetes</b>		
glimepiride	Actoplus Met	Amaryl
glipizide	Actos	Apidra
glipizide ext-rel	Avandamet	Byetta
glipizide-metformin	Avandaryl	Fortamet
glyburide	Avandia	Glucophage
glyburide-metformin hcl	Humulin (pens)	Glucophage XR
Humulin (vials)	Novolin (pens)	Glucotrol XL
Lantus (vials)	Novolog (pens)	Glucovance
Levemir (vials)		Glumetza ER
metformin hcl		Humalog (pens & vials)
metformin hcl ext-rel		Janumet
Novolin (vials)		Januvia
Novolog (vials)		Lantus (pens)
		Levemir (pens)
		Prandimet
		Prandin
		Precose
		Symlin
<b>Diabetic Supplies</b>		
Lifescan OneTouch products	BD insulin syringes	
Roche ACCU-CHEK products	lancets	

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Covered Generics (always your lowest copay)	Preferred Covered Brands (may have a reduced copay)	Non-Preferred Covered Brands (always your highest copay)
<b>Emotional Health Conditions</b>		
clozapine		Abilify
fluphenazine hcl		Geodon
haloperidol		Risperdal
risperidone		Seroquel
thiothixene		Seroquel XR
		Zyprexa
<b>Hepatitis C</b>		
ribavirin	Pegasys	Copegus
		PegIntron
		Rebetol
<b>High Blood Pressure &amp; Other Heart Conditions</b>		
acebutolol	Atacand	Accupril
amlodipine	Atacand HCT	Accuretic
amlodipine-benazepril	Avalide	Adalat CC
atenolol	Avapro	Aldactazide
atenolol-chlorthalidone	Azor	Altace
benazepril	Benicar	Betapace
benazepril-hctz	Benicar HCT	Betapace AF
betaxolol	Bystolic	Calan SR
bisoprolol fumarate	Coreg CR	Capoten
bisoprolol-hctz	Lanoxin	Cardizem LA
bumetanide	Micardis	Catapres-TTS
captopril	Micardis HCT	Coreg
captopril-hctz		Corzide
Cartia XT		Cozaar
carvedilol		Diovan
chlorthalidone		Diovan HCT
clonidine hcl		Exforge
digoxin		Hyzaar
diltiazem hcl		Inderal LA
enalapril		Innopran XL
enalapril-hctz		Inspra
eplerenone		Isordil
felodipine ext-rel		Lasix
fosinopril		Lopressor
fosinopril-hctz		Lopressor HCT
furosemide		Lotensin
guanfacine hcl		Lotensin HCT
hydralazine hcl		Lotrel
hydrochlorothiazide		Lozol
indapamide		Microzide
isosorbide		Monopril
labetalol hcl		Monopril HCT
lisinopril		Nitrostat patch
lisinopril-hctz		Norvasc
methyldopa		Procardia XL
metolazone		Sular
metoprolol		Sular SR
metoprolol succ ext-rel		Tarka
metoprolol-hctz		Teveten
minoxidil		Teveten HCT
moexipril-hctz		Tiazac
nadolol		Toprol-XL
nifedipine		Verelan PM
nitroglycerin patch		Zestoretic
propranolol ext-rel		Zestril
propranolol hcl		Ziac
propranolol-hctz		

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<b>High Blood Pressure &amp; Other Heart Conditions (cont.)</b>		
quinapril		
ramipril		
sotalol		
spironolactone		
spironolactone-hctz		
Taztia XT		
timolol maleate		
toremide		
trandolapril		
triamterene-hctz		
verapamil ext-rel		
<b>High Cholesterol</b>		
cholestyramine	Crestor	Advicor
fenofibrate	Niaspan	Altoprev
gemfibrozil	Simcor	Caduet
lovastatin	Tricor	Colestid
pravastatin sodium	Trilipix	Lipitor
simvastatin	Vytorin	Pravachol
		Questran
		Welchol
		Zetia
		Zocor
<b>Multiple Sclerosis</b>		
	Copaxone	Avonex
	Rebif	Betaseron
<b>Osteoporosis (a bone disease)</b>		
alendronate	Actonel	Boniva
	Actonel with Calcium	Evista
	Miacalcin	Fosamax
		Fosamax Plus D
<b>Prenatal Care (Vitamins)</b>		
all generic vitamins		all brand vitamins
<b>Seizure Conditions</b>		
carbamazepine	Dilantin	Carbatrol
divalproex		Depakene
divalproex ext-rel		Depakote
gabapentin		Depakote ER
lamotrigine		Depakote Sprinkle
levetiracetam		Keppra
oxcarbazepine		Keppra SR
phenytoin sodium		Lamictal
phenytoin sodium extended		Phenytek
topiramate		Tegretol
valproic acid		Topamax
zonisamide		Trileptal

## Choose Generics and Save

Help keep health care costs down by making wise decisions about the prescription drugs you buy.

One of the easiest ways you can help reduce your prescription drug costs is to choose generics instead of more expensive brand-name drugs. Generics must meet the same quality, safety and purity standards as brand-name drugs and usually cost much less even though they can have the same effects.

The Preventive Drug List includes a number of generic alternatives to brand-name drugs, so talk to your doctor to see if a generic will work for you.