

Do you know that the Food and Drug Administration (FDA) requires generic drugs to have the same strength and purity as brand-name drugs? Generic drugs can be just as effective as their brand-name counterparts at a fraction of the price, so why would you spend more than you have to on your prescription medications? Choose generics and save.

Your prescription drug plan is designed to save you money. Before you use one of the brand-name drugs listed here, you will first need to try a similar, alternative medication. In most cases, this will be a generic drug. Generics are approved by the FDA as safe and effective but will cost you less.

Example: Before you can fill a new prescription for the brand-name drug Cymbalta, you will need to try one of the generic alternatives first – bupropion, fluoxetine, paroxetine, sertraline or venlafaxine.

It's important that you share this list with your doctor to help coordinate your medication needs. This list shows you which brand-name drugs are affected, as well as the recommended alternatives.

This list represents prescription drugs in our standard Generics First - Step Therapy Program. Your benefits may be different. If you have any questions about this list, call the Customer Service number on the back of your BlueCross BlueShield of Tennessee member ID card.

Before you take one of these drugs...	You must have tried ONE of these...	Before you take one of these drugs...	You must have tried ONE of these...
ACE INHIBITORS		ANGIOTENSIN II RECEPTOR BLOCKERS	
Accupril	benazepril	Atacand	captopril
Aceon	captopril	Avapro	enalapril
Allace	enalapril	Benicar	fosinopril
Lotensin	fosinopril	Cozaar	lisinopril
Mavik	lisinopril	Diovan	losartan
Prinivil	moexipril	Micardis	quinapril
Univasc	quinapril	Teveten	ramipril capsules
Vasotec	ramipril capsules		
Zestril	trandolapril		
ACE INHIBITORS WITH CALCIUM CHANNEL BLOCKERS		ANGIOTENSIN COMBINATION DRUGS	
Lotrel	amlodipine/benazepril	Tekturna	captopril
Tarka	trandolapril/verapamil ext-rel or other ACE Inhibitor plus a Calcium Channel Blocker	Tekturna HCT	enalapril
		Valturna	fosinopril
			lisinopril
			quinapril
			ramipril capsules
ACE INHIBITORS WITH DIURETICS		Azor	amlodipine plus one of the above generic ACE inhibitors
Accuretic	benazepril/hydrochlorothiazide	Exforge	
Capozide	captopril/hydrochlorothiazide	Tribenzor	
Lotensin HCT	enalapril/hydrochlorothiazide	Twynsta	
Prinzide	fosinopril/hydrochlorothiazide		
Uniretic	lisinopril/hydrochlorothiazide		
Vaseretic	moexipril/hydrochlorothiazide		
Zestoretic	quinapril/hydrochlorothiazide		
NSAIDs		ANGIOTENSIN II RECEPTOR BLOCKERS WITH DIURETICS	
Celebrex ^{OL}	choline mg trisaliclylate	Atacand HCT	captopril/hydrochlorothiazide
Mobic	diclofenac	Avalide	enalapril/hydrochlorothiazide
	diflunisal	Benicar HCT	fosinopril/hydrochlorothiazide
	etodolac	Diovan HCT	lisinopril/hydrochlorothiazide
	fenoprofen	Hyzaar	losartan/hydrochlorothiazide
	flurbiprofen	Micardis HCT	quinapril/hydrochlorothiazide
	ibuprofen	Teveten HCT	
	indomethacin		
	ketoprofen		
	meclofenamate		
	meloxicam		
	nabumetone		
	naproxen		
	oxaprozin		
	piroxicam		
	sulindac		
	tolmetin		
		ANTIDEPRESSANTS	
		Celexa	bupropion
		Cymbalta	citalopram
		Effexor XR	fluoxetine
		Lexapro	fluvoxamine
		Paxil (all)	mirtazapine
		Pexeva	paroxetine
		Pristiq	sertraline
		Prozac (all)	trazodone
		Remeron (all)	venlafaxine
		Sarafem	venlafaxine ext-rel
		Venlafaxine ER	
		Wellbutrin (all)	
		Zoloft	
		BETA BLOCKERS	
		Betapace (all)	acebutolol
		Bystolic	atenolol (all)
		Coreg	betaxolol

Before you take one of these drugs...

You must have tried ONE of these...

BETA BLOCKERS (cont.)

Coreg CR	bisoprolol (all)
Corgard	carvedilol
Kertone	labetalol
Levitol	metoprolol (all)
Lopressor	nadolol
Sectral	pindolol
Tenormin	propranolol (all)
Tiazac	sotalol
Toprol-XL	timolol
Zebeta	
Ziac	

CALCIUM CHANNEL BLOCKERS

Adalat (all)	amlodipine
Calan (all)	diltiazem (all)
Cardene (all)	felodipine
Cardizem (all)	nicardipine
Covera-HS	nifedipine (all)
Dynacirc (all)	nisoldipine
Isoptin (all)	verapamil (all)
Nimotop	
Norvasc	
Plendil	
Procardia (all)	
Sular	
Verelan	

LIPID LOWERING AGENTS (HMG Co-A Reductase Inhibitors)

Advicor	atorvastatin
Altoprev	lovastatin
Caduet	pravastatin
Crestor	simvastatin
Lescol	
Lescol XL	
Lipitor	
Mevacor	
Pravachol	
Vytorin	
Zocor	

PROTON PUMP INHIBITORS (PPIs)

Nexium	cimetidine
Prevacid (all)	famotidine
Prilosec	lansoprazole
Protonix	nizatidine
	omeprazole
	pantoprazole
	ranitidine

Drug Benefit Appeals

You or your physician may appeal the denial of a drug benefit or a quantity limit by faxing supportive documentation to 1-888-343-4232. Please read your Evidence of Coverage for more information.