

The BlueCross BlueShield of Tennessee *Quantity Limitations (QL) List* contains drugs that have a quantity limit per certain period of time. These limits are in keeping with the manufacturer's and the U.S. Food and Drug Administration's (FDA) recommendations and accepted medical practices. Prescriptions for drugs that have quantity limitations cannot be filled by the pharmacist for a greater amount than specified by the limitation.

How to obtain a quantity override

If an exception to the quantity limitation is needed, BlueCross BlueShield of Tennessee network physicians are responsible for contacting Caremark at 1-877-916-2271 to obtain a quantity override for drugs on the Quantity Limitations List. This should be done when the physician prescribes the medication so that the drug is ready when the member arrives at the pharmacy. Not all plans have quantity limitations, but most do. The pharmacist cannot dispense a prescription for drugs that have a quantity limitation greater than the amount specified as the limit.

Members are encouraged to talk to their physician if a problem occurs with the Quantity Limitations program.

Drugs with Quantity Limitations (QL)

Alsuma: 2 injections/ 30 days	Plan B One-Step: one tablet/Rx; 3 tablets/365 days (Rx limited to age 17 and under)
Anzemet: 10 tablets/30 days	Prevpac: 112 units/14 cards/365 days
Axert: 6 x 6.25 mg OR 12.5 mg tablets/30 days	Pylera: 120 capsules/365 days
Brilinta: 28 tablets, then PA required	Relenza: 20 units/365 days – one treatment
butorphanol nasal spray: 2 bottles (2.5 mL each)/30 days	Relpax: 6 x 20 mg or 40 mg tablets/30 days
Caverject: 8 units/30 days	Soriatane: 2 kits/30 days
Cialis: 8 tabs/30 days	Specialty Pharmacy Products: limited to one month's supply
Diabetic testing supplies: 306 qty/30 days; 918 qty/90 days	Sprix: 5 bottles/30 days
Edex: 8 units/30 days	Staxyn: 8 tabs/30 days
Ella: 1 kit/Rx; 3 kits/365 days	sumatriptan (Imitrex): 2 injections (one kit) OR 6 nasal sprays; 9 tablets (25 mg, 50 mg & 100 mg)/30 days
Emend: 1 capsule (125 mg)/15 days; 2 capsules (80 mg)/15 days; 1 capsule (40 mg)/15 days	Sumavel DosePro: 2 injections/30 days
enoxaparin (Lovenox): 21 days per 180 days; max 42 days per lifetime, then PA required	Tamiflu: 10 capsules OR 150 mL/365 days – one treatment
fondaparinux (Arixtra): 21 days per 180 days; max 42 days per lifetime, then PA required	Treximet: 9 tablets/30 days
Fragmin: 21 days per 180 days; max 42 days per lifetime, then PA required	Viagra: 8 tabs/30 days
Frova: 9 tablets/30 days	Vimpat: 3 x 50 mg/day; 3 x 100 mg/day
granisetron (Kytril): 20 tablets/30 days; 90 mL/30 days	Xarelto: 35 tabs/30 days; limit of 35 tabs/90 days and 94 tabs per lifetime
Halflytely: 1 kit/30 days	Zofran: 30 tabs x 4 mg OR 30 tabs x 8 mg OR 10 tabs x 24 mg OR 150mL of 4 mg/5 mL solution/30 days
ketorolac (Toradol): 20 tablets or 2 injections/30 days	Zomig, Zomig-ZMT: 6 x 2.5 mg OR 5 mg tablets/30 days OR one 6-pack nasal spray/30 days
Levitra: 8 tabs/30 days	Zyvox: 3 days, then PA required
Lyrica: 600 mg/day	
Lysteda: 30 tablets/30 days	
Maxalt, Maxalt-MLT: 9 x 5 mg OR 10 mg tablets/30 days	
Migranal: 8 ampules/30 days	
MUSE: 8 units/30 days	
naratriptan (Amerge): 9 x 1 mg OR 2.5 mg tablets/30 days	
Next Choice: 1 kit/Rx; 3 kits/365 days (Rx limited to age 17 and under)	
Noxafil: 6 days, then PA required	
Nucynta: 180 tabs/30 days	
Oral fentanyl products: <i>Maximum of any combination oral fentanyl products of 16 units/30 days OR single product limitations as follows:</i>	
Abstral: 8 units/30 days	
Actiq: 6 lozenges/30 days	
fentanyl lozenges: 6 lozenges/30 days	
Fentora: 8 tablets/30 days	
Onsolis: 8 buccal films/30 days	
OxyContin: 120 tabs/30 days (max 320 mg/day)	

Appeals

Members or their physicians may appeal a denial of a drug or a quantity limitation by faxing supportive documentation to 1-888-343-4232.