

Step Therapy

effective 10/1/09



of Tennessee

plans for better health. plans for a better life.™

The Limited Formulary requires Step Therapy for some medications. Step Therapy allows you to try a less expensive drug that has proven to be effective for most people before you use a similar but more expensive drug.

Example of Step Therapy for someone who needs a drug to treat high blood pressure:

Step 1 – Your doctor prescribes captopril (generic drug). If you have side effects or limited improvement, you go to Step 2.

Step 2 – Your doctor prescribes Atacand (more expensive drug).

Before you take...	You must have tried one of these...
Angiotensin II Receptor Blockers*	
Atacand	captopril
Avapro	enalapril
Benicar	fosinopril
Micardis	lisinopril
	quinapril
	ramipril
Angiotensin II Receptor Blockers* with Diuretics	
Atacand HCT	captopril/hydrochlorothiazide
Avalide	enalapril/hydrochlorothiazide
Benicar HCT	fosinopril/hydrochlorothiazide
Micardis HCT	lisinopril/hydrochlorothiazide
	quinapril/hydrochlorothiazide
Angiotensin Combination Drugs	
Azor	amlodipine plus one of the following generic ACEs:
	• captopril
	• enalapril
	• fosinopril
	• lisinopril
	• quinapril
	• ramipril
Before you take...	You must be...
Byetta	taking metformin, or a sulfonylurea drug or a thiazolidinedione (TZD) drug
onychomycosis (anti-fungal) drugs	a diabetic or suffer from a condition that compromises your immune system
Before you take...	You must...
Specialty Drugs	
Somatuline	have tried and failed Somavert
Sprycel	be resistant or intolerant to imatinib (Gleevec)
Tasigna	be resistant or intolerant to imatinib (Gleevec)

LEGEND

* only preferred Angiotensin II Receptor Blockers are covered