



The BlueCross BlueShield of Tennessee **Preferred Drug List (PDL)** is a list of therapeutically sound, cost-effective drugs. The PDL does not indicate a limitation in drug coverage, but is provided to encourage use of certain drugs within the therapeutic drug classes listed. Please note that different copayment levels may apply to generic, preferred-brand name and elective (non-preferred) brand-name drugs.

## Allergy/Asthma/Cough & Cold

### Antihistamines

cyproheptadine  
diphenhydramine  
fexofenadine  
hydroxyzine  
• Astelin nasal  
• Epipen • Epipen Jr.

### Asthma Drugs (oral)

albuterol  
ipratropium  
theophylline  
• Accolate  
• Pulmicort Respules

### Beta-Agonist Inhalers

• ProAir HFA  
• Proventil HFA  
• Serevent Diskus

### Combination-Inhalers

• Advair Diskus  
• Combivent  
• Symbicort

### Corticosteroid-Inhalers

• Asmanex  
• Flovent HFA

### Corticosteroid-Nasal

flunisolide  
fluticasone  
• Nasacort AQ  
• Nasonex  
• Veramyst

### Cough and Cold Preparations

benzonatate  
codeine/chlorpheniramine/pseudoephedrine  
codeine/guaifenesin  
dextromethorphan/carbinoxamine/pseudoephedrine  
guaifenesin ext-rel

## Antibiotics

### Antifungal

fluconazole (PA, except 3x150mg/30 days)  
ketoconazole  
nystatin

## Anti-infectives (oral)

### **First Line Agents**

amoxicillin  
amoxicillin/potassium clavulanate  
ampicillin  
cephalexin  
dicloxacillin  
doxycycline  
erythromycin  
metronidazole  
minocycline  
penicillin VK  
sulfamethoxazole/trimethoprim  
tetracycline

### **Second Line Agents**

azithromycin  
cefaclor  
cefuroxime  
ciprofloxacin tabs  
nitrofurantoin macrocrystals

### Antiviral (Herpes only)

acyclovir  
• Valtrex

### Vaginal Preparations

clindamycin cream  
nystatin vaginal tabs  
terconazole  
• Cleocin Ovules  
• Clindesse

## Antineoplastics and Immunosuppressants

azathioprine  
cyclosporine  
methotrexate  
tamoxifen  
• Alkeran  
• Leukeran

## Cardiovascular Drugs

### Antiarrhythmics

amiodarone  
digoxin  
disopyramide  
procainamide  
propafenone  
quinidine  
sotalol

Bullet items are preferred brand drugs, all other are generics.

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## Antihypertensives

### ACE Inhibitors

benazepril	benazepril/hctz
captopril	captopril/hctz
enalapril	enalapril/hctz
fosinopril	fosinopril/hctz
lisinopril	lisinopril/hctz
quinapril	quinapril/hctz

### Angiotensin II

- Atacand+
- Benicar
- Cozaar
- Atacand HCT
- Benicar HCT
- Hyzaar

### Beta-Blockers

atenolol  
bisoprolol  
bisoprolol/hctz  
carvedilol  
metoprolol  
metoprolol ext-rel  
propranolol

### Calcium Channel Blockers

amlodipine  
diltiazem ext-rel  
nifedipine ext-rel  
verapamil ext-rel

### Other Antihypertensives

clonidine  
guanfacine

### Antilipidemics and HMG-CoA Reductase Inhibitors

cholestyramine  
gemfibrozil  
lovastatin  
pravastatin  
simvastatin

- Crestor
- Niaspan
- Tricor
- Vytorin

### Diuretics

bumetanide  
furosemide  
hydrochlorothiazide  
indapamide  
triamterene/hctz

## Central Nervous System (CNS)

### Antianxiety/Sleep Drugs

alprazolam  
chlordiazepoxide  
clorazepate  
diazepam  
flurazepam  
lorazepam  
oxazepam  
temazepam  
triazolam  
zolpidem

### Antidepressants

bupropion  
bupropion ext-rel  
citalopram  
fluoxetine  
mirtazapine  
nefazodone  
paroxetine  
sertraline  
venlafaxine

- Cymbalta
- Lexapro

### Antiseizure Drugs

carbamazepine  
clonazepam  
gabapentin  
phenobarbital  
phenytoin  
primidone  
valproic acid

- Depakote

### Multiple Sclerosis Drugs

- Copaxone
- Rebif

### Parkinson Drugs

amantadine  
benztropine  
carbidopa/levodopa  
trihexyphenidyl

### Psychostimulants

dextroamphetamine  
methylphenidate

### Tranquilizers

chlorpromazine  
clozapine  
haloperidol  
thioridazine  
thiothixene

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## Dermatologicals

betamethasone  
clindamycin topical  
clobetasol  
clotrimazole/betamethasone  
desoximetasone  
erythromycin topical  
fluocinonide  
hydrocortisone  
ketoconazole  
lindane  
mupirocin  
nystatin  
nystatin/triamcinolone  
silver sulfadiazine  
tretinoin (PA>31 yrs)  
triamcinolone

- Duac
- Noritate

## Diabetes

### Blood Glucose Strips

LifeScan OneTouch products:

- Basic Profile
- FastTake
- SureStep
- Ultra

Roche Accu-Chek products:

- Active
- Aviva
- Comfort Curve
- Compact Test Drum

### Diabetic Drugs

glimepiride  
glipizide  
glipizide ext-rel  
glyburide  
glyburide/metformin  
metformin  
metformin ext-rel

- ACTOplus met
- Actos
- Avandamet
- Avandia
- Glucagon emergency kit

### Insulin

- Humulin
- Lantus (vials only)
- Levemir (vials only)
- Novolin
- Novolog
- Novolog Mix
- BD syringes

## Eye/Ear

### Glaucoma

brimonidine  
carteolol solution  
timolol maleate

- Alphagan P
- Azopt
- Betimol
- Xalatan

### Miscellaneous Eye or Ear

gentamicin ophthalmic  
ofloxacin  
polymyxin/bacitracin/neomycin ophthalmic  
polymyxin/neomycin/hydrocortisone otic  
polymyxin/trimethoprim ophthalmic  
tobramycin ophthalmic

## Gastrointestinal Agents/H2 Antagonists

cimetidine  
famotidine  
nizatidine  
ranitidine

### Other GI Agents

diphenoxylate/atropine  
hydrocortisone enema  
lactulose  
metoclopramide  
ondansetron (QL)  
promethazine  
sulfasalazine

### Proton Pump Inhibitors

omeprazole

- Nexium
- Prevacid

## Hepatitis C

ribavirin (QL)  
• Pegasys (QL)

## Hormone Replacement

### Androgen

- Androgel

### Estrogens (oral)

estradiol  
estropipate

- Premarin

### Estrogens (patch)

estradiol

- Climara
- Vivelle
- Vivelle-Dot

### Estrogen Combinations

- Premphase
- Prempro

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### Estrogen (vaginal)

- Premarin

### Progesterone

medroxyprogesterone

## Oral Contraceptives\*

### Monophasic

Apri  
Aviane  
Junel  
Junel Fe  
Microgestin  
Microgestin Fe  
Necon 1/35, 1/50  
Zovia

- Levlite
- Mircette
- Yasmin
- Yaz

### Progestin

Camila  
Nora-Be

### Biphasic

- Necon 10/11

### Triphasic

Trinessa  
Tri-Sprintec  
• Cyclessa  
• Estrostep Fe  
• Tri-Norinyl

## Other Contraceptives\*

- °NuvaRing

## Migraine/Pain Migraine

### Migraine Drugs

butalbital compound

- Imitrex (QL)
- Maxalt (QL)
- Zomig (QL)
- Maxalt-MLT (QL)
- Zomig-ZMT (QL)

## Rheumatology

methotrexate

### NSAIDs and Other Analgesics

diclofenac  
etodolac  
fenoprofen  
ibuprofen  
indomethacin  
ketoprofen  
meloxicam  
nabumetone  
naproxen  
naproxen sodium  
piroxicam  
salsalate  
sulindac

## Osteoporosis/Bone Diseases

- Actonel / Actonel with Calcium
- Fosamax / Fosamax Plus D
- Miacalcin

## Platelet Aggregation Inhibitors

dipyridamole  
ticlopidine

## Thyroid medications

levothyroxine  
thyroid

## Urologic Disorders

doxazosin  
finasteride  
oxybutynin  
prazosin  
terazosin  
• Enablex  
• Vesicare

## Vitamins (prescription only)

all generics

### **Legend**

- \* If covered by the plan and medically necessary and appropriate
- indicates branded product
- + indicated for Congestive Heart Failure (CHF)
- PA: requires prior authorization
- QL: drug has quantity limitation

**Note:** members may have a differential copay for generic vs. Preferred Brand vs. Elective (nonpreferred) Brand. Generics will always be paid at the lowest copay level.

**Disclaimer:** changes in drug lists may occur during the year.

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