



## 2012 Summary of Benefits

*BlueAdvantage Plus  
(PPO)<sup>SM</sup>*

*Metropolitan Government of  
Nashville and Davidson County*



# SECTION I

## INTRODUCTION TO SUMMARY OF BENEFITS

### BlueAdvantage Plus (PPO)

January 1, 2012 - December 31, 2012

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Thank you for your interest in BlueAdvantage Plus (PPO). Our plan is offered by BlueCross BlueShield of Tennessee, a Medicare Advantage Preferred Provider Organization (PPO). This Summary of Benefits tells you some features of our plan. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of our benefits, please call BlueAdvantage Plus (PPO) and ask for the "Evidence of Coverage".

#### **YOU HAVE CHOICES IN YOUR HEALTH CARE**

As a Medicare beneficiary, you can choose from different Medicare options. One option is the Original (fee-for-service) Medicare Plan. Another option is a Medicare health plan, like BlueAdvantage Plus (PPO). You may have other options too. You make the choice. No matter what you decide, you are still in the Medicare Program.

#### **HOW CAN I COMPARE MY OPTIONS?**

You can compare BlueAdvantage Plus (PPO) and the Original Medicare Plan using this Summary of Benefits. The charts in this booklet list some important health benefits. For each benefit, you can see what our plan covers and what the Original Medicare Plan covers.

Our members receive all of the benefits that the Original Medicare Plan offers. We also offer more benefits, which may change from year to year.

#### **WHO IS ELIGIBLE TO JOIN BlueAdvantage Plus (PPO)?**

You can join this plan if you are entitled to Medicare Part A and enrolled in Medicare Part B and eligible for your employer's pensioner health plan.

#### **CAN I CHOOSE MY DOCTORS?**

BlueAdvantage Plus (PPO) has formed a network of doctors, specialists, and hospitals. You can use any doctor who is part of our network. You may also go to doctors outside of our network. The health providers in our network can change at any time.

You can ask for a current provider directory. For an updated list, visit us at [www.bcbst-medicare.com](http://www.bcbst-medicare.com). Our customer service number is listed at the end of this introduction.

#### **WHAT HAPPENS IF I GO TO A DOCTOR WHO'S NOT IN YOUR NETWORK?**

You can go to doctors, specialists, or hospitals in or out of network. You may have to pay more for the services you receive outside the network, and you may have to follow special rules prior to getting services in and/or out of network. For more information, please call the customer service number at the end of this introduction.

## **WHERE CAN I GET MY PRESCRIPTIONS IF I JOIN THIS PLAN?**

BlueAdvantage Plus (PPO) has formed a network of pharmacies. You must use a network pharmacy to receive plan benefits. We may not pay for your prescriptions if you use an out-of-network pharmacy, except in certain cases. The pharmacies in our network can change at any time. You can ask for a pharmacy directory or visit us at <http://www.medicareplanrx.com/PharmacyLocator/?contractID=H7917&lang=en&year=2011>. Our customer service number is listed at the end of this introduction.

## **DOES MY PLAN COVER MEDICARE PART B OR PART D DRUGS?**

BlueAdvantage Plus (PPO) does cover both Medicare Part B prescription drugs and Medicare Part D prescription drugs.

## **WHAT IS A PRESCRIPTION DRUG FORMULARY?**

BlueAdvantage Plus (PPO) uses a formulary. A formulary is a list of drugs covered by your plan to meet patient needs. We may periodically add, remove, or make changes to coverage limitations on certain drugs or change how much you pay for a drug. If we make any formulary change that limits our members' ability to fill their prescriptions, we will notify the affected enrollees before the change is made. We will send a formulary to you.

If you are currently taking a drug that is not on our formulary or subject to additional requirements or limits, you may be able to get a temporary supply of the drug. You can contact us to request an exception or switch to an alternative drug listed on our formulary with your physician's help. Call us to see if you can get a temporary supply of the drug or for more details about our drug transition policy.

## **HOW CAN I GET EXTRA HELP WITH MY PRESCRIPTION DRUG PLAN COSTS OR GET EXTRA HELP WITH OTHER MEDICARE COSTS?**

You may be able to get extra help to pay for your prescription drug premiums and costs as well as get help with other Medicare costs. To see if you qualify for getting extra help, call:

- 1-800-MEDICARE (1-800-633-4227). TTY/TDD users should call 1-877-486-2048, 24 hours a day/7 days a week and see [www.medicare.gov](http://www.medicare.gov) 'Programs for People with Limited Income and Resources' in the publication Medicare & You.
- The Social Security Administration at 1-800-772-1213 between 7 a.m. and 7 p.m., Monday through Friday. TTY/TDD users should call 1-800-325-0778 or
- Your State Medicaid Office.

## **WHAT ARE MY PROTECTIONS IN THIS PLAN?**

All Medicare Advantage Plans agree to stay in the program for a full calendar year at a time. Plan benefits and cost-sharing may change from calendar year to calendar year. Each year, plans can decide whether to continue to participate with Medicare Advantage. A plan may continue in their entire service area (geographic area where the plan accepts members) or choose to continue only in certain areas. Also, Medicare may decide to end a contract with a plan. Even if your Medicare Advantage Plan leaves the program, you will not lose Medicare coverage. If a plan decides not to continue for an additional calendar year, it must send you a letter at least 90 days before your coverage will end. The letter will explain your options for Medicare coverage in your area.

As a member of BlueAdvantage Plus (PPO), you have the right to request an organization determination, which includes the right to file an appeal if we deny coverage for an item or service, and the right to file a grievance. You have the right to request an organization determination if you want us to provide or pay for an item or service that you believe should be covered. If we deny coverage for your requested item or

service, you have the right to appeal and ask us to review our decision. You may ask us for an expedited (fast) coverage determination or appeal if you believe that waiting for a decision could seriously put your life or health at risk, or affect your ability to regain maximum function. If your doctor makes or supports the expedited request, we must expedite our decision. Finally, you have the right to file a grievance with us if you have any type of problem with us or one of our network providers that does not involve coverage for an item or service. If your problem involves quality of care, you also have the right to file a grievance with the Quality Improvement Organization (QIO) for your state. Please refer to the Evidence of Coverage (EOC) for the QIO contact information.

As a member of BlueAdvantage Plus (PPO), you have the right to request a coverage determination, which includes the right to request an exception, the right to file an appeal if we deny coverage for a prescription drug, and the right to file a grievance. You have the right to request a coverage determination if you want us to cover a Part D drug that you believe should be covered. An exception is a type of coverage determination. You may ask us for an exception if you believe you need a drug that is not on our list of covered drugs or believe you should get a non-preferred drug at a lower out-of-pocket cost. You can also ask for an exception to cost utilization rules, such as a limit on the quantity of a drug. If you think you need an exception, you should contact us before you try to fill your prescription at a pharmacy. Your doctor must provide a statement to support your exception request. If we deny coverage for your prescription drug(s), you have the right to appeal and ask us to review our decision. Finally, you have the right to file a grievance if you have any type of problem with us or one of our network pharmacies that does not involve coverage for a prescription drug. If your problem involves quality of care, you also have the right to file a grievance with the Quality Improvement Organization (QIO) for your state. Please refer to the Evidence of Coverage (EOC) for the QIO contact information.

### **WHAT IS A MEDICATION THERAPY MANAGEMENT (MTM) PROGRAM?**

A Medication Therapy Management (MTM) Program is a free service we offer. You may be invited to participate in a program designed for your specific health and pharmacy needs. You may decide not to participate but it is recommended that you take full advantage of this covered service if you are selected. Contact BlueAdvantage Plus (PPO) for more details.

### **WHAT TYPES OF DRUGS MAY BE COVERED UNDER MEDICARE PART B?**

Some outpatient prescription drugs may be covered under Medicare Part B. These may include, but are not limited to, the following types of drugs. Contact BlueAdvantage Plus (PPO) for more details.

- Some Antigenes: If they are prepared by a doctor and administered by a properly instructed person (who could be the patient) under doctor supervision.
- Osteoporosis Drugs: Injectable drugs for osteoporosis for certain women with Medicare.
- Erythropoietin (Epoetin Alfa or Epogen®): By injection if you have end-stage renal disease (permanent kidney failure requiring either dialysis or transplantation) and need this drug to treat anemia.
- Hemophilia Clotting Factors: Self-administered clotting factors if you have hemophilia.
- Injectable Drugs: Most injectable drugs administered incident to a physician's service.
- Immunosuppressive Drugs: Immunosuppressive drug therapy for transplant patients if the transplant was paid for by Medicare, or paid by a private insurance that paid as a primary payer to your Medicare Part A coverage, in a Medicare-certified facility.
- Some Oral Cancer Drugs: If the same drug is available in injectable form.
- Anti-Nausea Drugs: If you are part of an anti-cancer chemotherapeutic regimen.
- Inhalation and Infusion Drugs administered through DME.

## **WHERE CAN I FIND INFORMATION ON PLAN RATINGS?**

The Medicare program rates how well plans perform in different categories (for example, detecting and preventing illness, ratings from patients and customer service). If you have access to the web, you may use the web tools on [www.medicare.gov](http://www.medicare.gov) and select "Compare Medicare Prescription Drug Plans" or "Compare Health Plans and Medigap Policies in Your Area" to compare the plan ratings for Medicare plans in your area. You can also call us directly to obtain a copy of the plan ratings for this plan. Our customer service number is listed below.

Please call BlueCross BlueShield of Tennessee for more information about BlueAdvantage Plus (PPO).

Visit us at [www.bcbst-medicare.com](http://www.bcbst-medicare.com) or, call us:

### **Customer Service Hours:**

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday,  
8:00 a.m. - 9:00 p.m. Eastern

Between February 15 and October 14, you may be required to leave a message on holidays and weekends. Calls will be returned the next business day.

Members should call **1-800-818-0962**

**8 a.m. to 9 p.m., Eastern Time**

TTY/TDD users call: **1-888-423-9490**

For more information about Medicare, please call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call 24 hours a day, 7 days a week. You may also visit [www.medicare.gov](http://www.medicare.gov) on the web.

If you have special needs, this document may be available in other formats or languages. For additional information, call customer service at the phone number provided above.

## SECTION II

### SUMMARY OF BENEFITS

If you have any questions about this plan's benefits or costs, please contact BlueCross BlueShield of Tennessee.

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<b>IMPORTANT INFORMATION</b>		
<p><b>1 - Premium and Other Important Information</b></p>	<p>In 2012 the monthly Part B Standard Premium is \$99.90 and the annual Part B deductible amount is \$140.</p> <p>If a doctor or supplier does not accept assignment, their costs are often higher, which means you pay more.</p> <p>Most people will pay the standard monthly Part B premium. However, some people will pay a higher premium because of their yearly income (over \$85,000 for singles, \$170,000 for married couples). For more information about Part B premiums based on income, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You may also call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.</p>	<p><b>General</b></p> <p>Please see your Benefits Administrator for your premium information. You also continue to pay the Medicare Part B premium.</p> <p>Some physicians, providers and suppliers that are out of a plan's network (i.e., out-of-network) accept "assignment" from Medicare and will only charge up to a Medicare-approved amount. If you choose to see an out-of-network physician who does NOT accept Medicare "assignment," your coinsurance can be based on the Medicare-approved amount plus an additional amount up to a higher Medicare "limiting charge." If you are a member of a plan that charges a copay for out-of-network physician services, the higher Medicare "limiting charge" does not apply. See the publications Medicare You or Your Medicare Benefits available on <a href="http://www.medicare.gov">www.medicare.gov</a> for a full listing of benefits under Original Medicare, as well as for explanations of the rules related to "assignment" and "limiting charges" that apply by benefit type.</p> <p>\$1,000 out-of-pocket limit for Medicare-covered services.</p> <p>All Medicare services are covered under the out-of-pocket limit with the following exclusions: plan premiums, expenses for Medicare Part D-covered diabetic supplies, health expenses incurred during foreign travel and prescription drug expenses including copays.</p>
<p><b>2 - Doctor and Hospital Choice</b> (For more information, see Emergency Care - #15 and Urgently Needed Care - #16.)</p>	<p>You may go to any doctor, specialist or hospital that accepts Medicare.</p>	<p><b>In-Network</b></p> <p>No referral required for network doctors, specialists, and hospitals.</p> <p><b>In and Out-of-Network</b></p> <p>You can go to doctors, specialists, and hospitals in or out of the network. It will cost more to get out of network benefits.</p> <p><b>Out of Service Area</b></p> <p>Plan covers you when you travel in the U.S.</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
SUMMARY OF BENEFITS		
INPATIENT CARE		
<p><b>3 - Inpatient Hospital Care</b> (includes Substance Abuse and Rehabilitation Services)</p>	<p>In 2012 the amounts for each benefit period are:</p> <p>Days 1 - 60: \$1,156 deductible</p> <p>Days 61 - 90: \$289 per day</p> <p>Days 91 - 150: \$578 per lifetime reserve day</p> <p>Call 1-800-MEDICARE (1-800-633-4227) for information about lifetime reserve days.</p> <p>Lifetime reserve days can only be used once.</p> <p>A "benefit period" starts the day you go into a hospital or skilled nursing facility. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods you can have.</p>	<p><b>In-Network and Out-of-Network</b></p> <p>\$0 copay per admit</p> <p>Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.</p> <p>No limit to the number of days covered by the plan each benefit period.</p>
<p><b>4 - Inpatient Mental Health Care</b></p>	<p>In 2012 the amounts for each benefit period are:</p> <p>Days 1 - 60: \$1,156 deductible</p> <p>Days 61 - 90: \$289 per day</p> <p>Days 91 - 150: \$578 per lifetime reserve day</p> <p>You get up to 190 days of inpatient psychiatric hospital care in a lifetime. Inpatient psychiatric hospital services count toward the 190-day lifetime limitation only if certain conditions are met. This limitation does not apply to inpatient psychiatric services furnished in a general hospital.</p>	<p><b>In-Network and Out-of-Network</b></p> <p>\$0 copay per admit</p> <p>You get up to 190 days of inpatient psychiatric hospital care in a lifetime. Inpatient psychiatric hospital services count toward the 190-day lifetime limitation only if certain conditions are met. This limitation does not apply to inpatient psychiatric services furnished in a general hospital.</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<p><b>5 - Skilled Nursing Facility (SNF)</b> (in a Medicare-certified skilled nursing facility)</p>	<p>In 2012 the amounts for each benefit period after at least a 3-day covered hospital stay are:</p> <p>Days 1 - 20: \$0 per day</p> <p>Days 21 - 100: \$144.50 per day</p> <p>100 days for each benefit period.</p> <p>A "benefit period" starts the day you go into a hospital or SNF. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods you can have.</p>	<p><b>General</b></p> <p>Authorization rules may apply.</p> <p><b>In-Network and Out-of-Network</b></p> <p>For SNF stays:</p> <p>Days 1 - 100: \$0 copay per day</p> <p>Plan covers up to 100 days each benefit period</p> <p>No prior hospital stay is required.</p>
<p><b>6 - Home Health Care</b> (includes medically necessary intermittent skilled nursing care, home health aide services, and rehabilitation services, etc.)</p>	<p>\$0 copay.</p>	<p><b>General</b></p> <p>Authorization rules may apply.</p> <p><b>In-Network</b></p> <p>\$0 copay for Medicare-covered home health visits</p> <p><b>Out-of-Network</b></p> <p>\$0 copay for Medicare-covered home health visits</p>
<p><b>7 - Hospice</b></p>	<p>You pay part of the cost for outpatient drugs and inpatient respite care.</p> <p>You must get care from a Medicare-certified hospice.</p>	<p><b>General</b></p> <p>You must get care from a Medicare-certified hospice. Your plan will pay for a consultative visit before you select hospice.</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
OUTPATIENT CARE		
<b>8 - Doctor Office Visits</b>	20% coinsurance	<p><b>General</b></p> <p>See "Welcome to Medicare; and Annual Wellness Visit", for more information.</p> <p><b>In-Network</b></p> <p>\$10 copay for each primary care doctor visit for Medicare-covered benefits.</p> <p>\$10 copay for each in-area, network urgent care Medicare-covered visit</p> <p>\$10 copay for each specialist visit for Medicare-covered benefits.</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for each primary care doctor visit for Medicare-covered benefits.</p> <p>\$10 copay for each urgent care Medicare-covered visit</p> <p>\$10 copay for each specialist visit for Medicare-covered benefits.</p>
<b>9 - Chiropractic Services</b>	<p>Supplemental routine care not covered</p> <p>20% coinsurance for manual manipulation of the spine to correct subluxation (a displacement or misalignment of a joint or body part) if you get it from a chiropractor or other qualified providers.</p>	<p><b>In-Network</b></p> <p>\$10 copay for each Medicare-covered visit</p> <p>Medicare-covered chiropractic visits are for manual manipulation of the spine to correct subluxation (a displacement or misalignment of a joint or body part) if you get it from a chiropractor or other qualified providers.</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for Medicare-covered chiropractic benefits</p>
<b>10 - Podiatry Services</b>	<p>Supplemental routine care not covered.</p> <p>20% coinsurance for medically necessary foot care, including care for medical conditions affecting the lower limbs.</p>	<p><b>In-Network</b></p> <p>\$10 copay for each Medicare-covered visit</p> <p>Medicare-covered podiatry benefits are for medically-necessary foot care.</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for Medicare-covered podiatry benefits.</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<b>11 - Outpatient Mental Health Care</b>	<p>40% coinsurance for most outpatient mental health services</p> <p>Specified copayment for outpatient partial hospitalization program services furnished by a hospital or community mental health center (CMHC). Copay cannot exceed the Part A inpatient hospital deductible.</p> <p>"Partial hospitalization program" is a structured program of active outpatient psychiatric treatment that is more intense than the care received in your doctor's or therapist's office and is an alternative to inpatient hospitalization.</p>	<p><b>In-Network</b></p> <p>\$10 copay for each Medicare-covered individual or group therapy visit</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for Medicare-covered Mental Health benefits with a psychiatrist</p> <p>\$10 copay for Medicare-covered Mental Health benefits</p> <p>\$10 for Medicare-covered partial hospitalization program services</p>
<b>12 - Outpatient Substance Abuse Care</b>	<p>20% coinsurance</p>	<p><b>In-Network</b></p> <p>\$10 copay for Medicare-covered individual visits</p> <p>\$10 copay for Medicare-covered group visits</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for Medicare-covered outpatient substance abuse benefits.</p>
<b>13 - Outpatient Services/ Surgery</b>	<p>20% coinsurance for the doctor's services</p> <p>Specified copayment for outpatient hospital facility services. Copay cannot exceed the Part A inpatient hospital deductible.</p> <p>20% coinsurance for ambulatory surgical center facility services</p>	<p><b>General</b></p> <p>Authorization rules may apply.</p> <p><b>In-Network</b></p> <p>\$0 copay for each Medicare-covered ambulatory surgical center visit</p> <p>\$0 copay for each Medicare-covered outpatient hospital facility visit</p> <p><b>Out-of-Network</b></p> <p>\$0 copay for Medicare-covered outpatient hospital facility benefits.</p> <p>\$0 copay for Medicare-covered ambulatory surgical center benefits.</p>
<b>14 - Ambulance Services (medically necessary ambulance services)</b>	<p>20% coinsurance</p>	<p><b>In-Network</b></p> <p>\$100 copay for Medicare-covered ambulance benefits.</p> <p><b>Out-of-Network</b></p> <p>\$100 copay for Medicare-covered ambulance benefits.</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<b>15 - Emergency Care</b>	<p>20% coinsurance for the doctor's services</p> <p>Specified copayment for outpatient hospital facility emergency services.</p> <p>Emergency services copay cannot exceed Part A inpatient hospital deductible for each service provided by the hospital.</p> <p>You don't have to pay the emergency room copay if you are admitted to the hospital as an inpatient for the same condition within 3 days of the emergency room visit.</p> <p>Not covered outside the U.S. except under limited circumstances.</p>	<p><b>General</b></p> <p>\$50 copay for Medicare-covered emergency room visits</p> <p>If you are admitted to the hospital within 3-days for the same condition, you pay \$0 for the emergency room visit.</p> <p>Worldwide coverage.</p> <p>\$25,000 limit for emergency services outside the U.S. every year.</p>
<b>16 - Urgently Needed Care</b> (This is NOT emergency care, and in most cases, is out of the service area.)	<p>20% coinsurance, or a set copay</p> <p>NOT covered outside the U.S. except under limited circumstances.</p>	<p><b>General</b></p> <p>\$10 copay for Medicare-covered urgently-needed-care visits</p> <p>If you are admitted to the hospital within 3-days for the same condition, you pay \$0 for the urgently-needed-care visit.</p>
<b>17 - Outpatient Rehabilitation Services</b> (Occupational Therapy, Physical Therapy, Speech and Language Therapy)	<p>20% coinsurance</p>	<p><b>General</b></p> <p>Authorization rules may apply.</p> <p><b>In-Network</b></p> <p>There may be limits on physical therapy, occupational therapy, and speech and language pathology services. If so, there may be exceptions to these limits.</p> <p>\$10 copay for Medicare-covered Occupational Therapy visits</p> <p>\$10 copay for Medicare-covered Physical and/or Speech and Language Therapy visits</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for Medicare-covered Physical and/or Speech and Language Therapy visits</p> <p>\$10 copay for Medicare-covered Occupational Therapy benefits.</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
OUTPATIENT MEDICAL SERVICES AND SUPPLIES		
<b>18 - Durable Medical Equipment</b> (includes wheelchairs, oxygen, etc.)	20% coinsurance	<b>General</b> Authorization rules may apply. <b>In-Network</b> 20% of the cost for Medicare-covered durable medical equipment <b>Out-of-Network</b> 20% of the cost for Medicare-covered durable medical equipment
<b>19 - Prosthetic Devices</b> (includes braces, artificial limbs and eyes, etc.)	20% coinsurance	<b>General</b> Authorization rules may apply. <b>In-Network</b> 20% of the cost for Medicare-covered prosthetic devices <b>Out-of-Network</b> 20% of the cost for Medicare-covered prosthetic devices.
<b>20 - Diabetes Programs and Supplies</b>	20% coinsurance for diabetes self-management training 20% coinsurance for diabetes supplies 20% coinsurance for diabetic therapeutic shoes or inserts Nutrition therapy is for people who have diabetes or kidney disease (but aren't on dialysis or haven't had a kidney transplant) when referred by a doctor. These services can be given by a registered dietitian and may include a nutritional assessment and counseling to help you manage your diabetes or kidney disease	<b>In-Network</b> \$0 copay for Diabetes self-management training 0% of the cost for Diabetes monitoring supplies 0% of the cost for Therapeutic shoes or inserts If the doctor provides you services in addition to Diabetes self-management training, separate cost sharing of \$10 may apply Medical Nutrition Therapy Services <b>Out-of-Network</b> \$0 copay for Diabetes self-management training 0% of the cost for Diabetes monitoring supplies 0% of the cost for Therapeutic shoes or inserts

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<p><b>21 - Diagnostic Tests, X-Rays, Lab Services, and Radiology Services</b></p>	<p>20% coinsurance for diagnostic tests and x-rays</p> <p>\$0 copay for Medicare-covered lab services</p> <p>Lab Services: Medicare covers medically necessary diagnostic lab services that are ordered by your treating doctor when they are provided by a Clinical Laboratory Improvement Amendments (CLIA) certified laboratory that participates in Medicare. Diagnostic lab services are done to help your doctor diagnose or rule out a suspected illness or condition. Medicare does not cover most supplemental routine screening tests, like checking your cholesterol.</p>	<p><b>General</b></p> <p>Authorization rules may apply.</p> <p><b>In-Network</b></p> <p>\$0 copay for Medicare-covered lab services</p> <p>\$0 copay for Medicare-covered diagnostic procedures and tests</p> <p>\$0 copay for Medicare-covered X-rays</p> <p>\$0 of the cost for Medicare-covered diagnostic radiology services (not including X-rays)</p> <p>\$0 of the cost for Medicare-covered therapeutic radiology services</p> <p><b>Out-of-Network</b></p> <p>\$0 of the cost for Medicare-covered therapeutic radiology services</p> <p>\$0 copay for Medicare-covered outpatient X-rays</p> <p>\$0 of the cost for Medicare-covered diagnostic radiology services</p> <p>\$0 copay for Medicare-covered diagnostic procedures, tests, and lab services</p>
<p><b>22 - Cardiac and Pulmonary Rehabilitation Services</b></p>	<p>20% coinsurance Cardiac Rehabilitation services</p> <p>20% coinsurance for Pulmonary Rehabilitation services</p> <p>20% coinsurance for Intensive Cardiac Rehabilitation services</p> <p>This applies to program services provided in a doctor's office. Specified cost sharing for program services provided by hospital outpatient departments.</p>	<p><b>In-Network</b></p> <p>\$10 copay for Medicare-covered Cardiac Rehabilitation Services</p> <p>\$10 copay for Medicare-covered Intensive Cardiac Rehabilitation Services</p> <p>\$10 copay for Medicare-covered Pulmonary Rehabilitation Services</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for Medicare-covered Cardiac Rehabilitation Services</p> <p>\$10 copay for Medicare-covered Intensive Cardiac Rehabilitation Services</p> <p>\$10 copay for Medicare-covered Pulmonary Rehabilitation Services</p>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<b>PREVENTIVE SERVICES</b>		
<b>23 - Preventive Services and Wellness/ Education Programs</b>	No coinsurance, copayment or deductible for the following:	<b>General</b> \$0 copay for all preventive services covered under Original Medicare at zero cost sharing:
	<b>General</b>	
	<ul style="list-style-type: none"> <li>- Personalized Prevention Plan Services (Annual Wellness Visits)</li> <li>- Welcome to Medicare Physical Exam (initial preventive physical exam) When you join Medicare Part B, then you are eligible as follows. During the first 12 months of your new Part B coverage, you can get either a Welcome to Medicare Physical Exam or an Annual Wellness Visit. After your first 12 months, you can get one Annual Wellness Visit every 12 months.</li> </ul>	<ul style="list-style-type: none"> <li>- Personalized Prevention Plan Services (Annual Wellness Visits)</li> <li>- Welcome to Medicare Physical Exam (Initial Preventive Physical Exam)</li> </ul>
	<b>Heart and Vascular Diseases</b>	
	<ul style="list-style-type: none"> <li>- Abdominal Aortic Aneurysm Screening</li> <li>- Cardiovascular Screening</li> <li>- Diabetes Screening</li> </ul>	<ul style="list-style-type: none"> <li>- Abdominal Aortic Aneurysm Screening</li> <li>- Cardiovascular Screening</li> <li>- Diabetes Screening</li> </ul>
<b>Cancer</b>		
<ul style="list-style-type: none"> <li>- Breast Cancer Screening (Mammogram). Medicare covers screening mammograms once every 12 months for all women with Medicare age 40 and older. Medicare covers one baseline mammogram for women between ages 35-39.</li> <li>- Cervical and Vaginal Cancer Screening. Covered once every 2 years. Covered once a year for women with Medicare at high risk.</li> <li>- Colorectal Cancer Screening</li> <li>- Prostate Cancer Screening / Prostate Specific Antigen (PSA) test only. Covered once a year for all men with Medicare over age 50.</li> </ul>	<ul style="list-style-type: none"> <li>- Breast Cancer Screening (Mammogram)</li> <li>- Cervical and Vaginal Cancer Screening (Pap Test and Pelvic Exam)</li> <li>- Colorectal Cancer Screening</li> <li>- Prostate Cancer Screening (Prostate Specific Antigen (PSA) test only)</li> </ul>	

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<b>23 - Preventive Services and Wellness/ Education Programs (continued)</b>	<b>Bone Disease</b>	
	<ul style="list-style-type: none"> <li>- Bone Mass Measurement. Covered once every 24 months (more often if medically necessary) if you meet certain medical conditions.</li> </ul>	<ul style="list-style-type: none"> <li>- Bone Mass Measurement</li> </ul>
	<b>Metabolic, Nutritional, and Endocrine</b>	
	<ul style="list-style-type: none"> <li>- Smoking Cessation (counseling to stop smoking). Covered if ordered by your doctor. Includes two counseling attempts within a 12-month period. Each counseling attempt includes up to four face-to-face visits.</li> </ul>	<ul style="list-style-type: none"> <li>- Smoking Cessation (Counseling to stop smoking)</li> </ul>
	<b>Immunizations</b>	
	<ul style="list-style-type: none"> <li>- Influenza Vaccine</li> <li>- Hepatitis B Vaccine for people with Medicare who are at risk</li> <li>- Pneumococcal Vaccine. You may only need the Pneumonia vaccine once in your lifetime. Call your doctor for more information.</li> </ul>	<ul style="list-style-type: none"> <li>- Influenza Vaccine</li> <li>- Hepatitis B Vaccine</li> <li>- Pneumococcal Vaccine</li> </ul>
	<b>Sexual Health</b>	
	<ul style="list-style-type: none"> <li>- HIV Screening. \$0 copay for the HIV screening, but you generally pay 20% of the Medicare-approved amount for the doctor's visit. HIV screening is covered for people with Medicare who are pregnant and people at increased risk for the infection, including anyone who asks for the test. Medicare covers this test once every 12 months or up to three times during a pregnancy.</li> </ul>	<ul style="list-style-type: none"> <li>- HIV Screening</li> </ul> <p>HIV screening is covered for people with Medicare who are pregnant and people at increased risk for the infection, including anyone who asks for the test. Medicare covers this test once every 12 months or up to three times during a pregnancy. Please contact plan for details.</p>
	<p><b>In-Network</b></p> <p>The plan covers the following supplemental education/wellness programs:</p> <ul style="list-style-type: none"> <li>- Written health education materials, including Newsletters</li> <li>- Health Club Membership/Fitness Classes</li> </ul> <p><b>Out-of-Network</b></p> <p>30% of the cost for Medicare-covered preventive services</p> <p>0% of the cost for Medicare-covered supplemental education/wellness programs</p>	

<b>Benefit</b>	<b>Original Medicare</b>	<b>BlueAdvantage Plus (PPO)</b>
<b>24 - Kidney Disease and Conditions</b>	<p>20% coinsurance for renal dialysis</p> <p>20% coinsurance for kidney disease education services</p> <p>Nutrition therapy is for people who have diabetes or kidney disease (but aren't on dialysis or haven't had a kidney transplant) when referred by a doctor. These services can be given by a registered dietitian and may include a nutritional assessment and counseling to help you manage your diabetes or kidney disease</p>	<p><b>In-Network</b></p> <p>\$10 copay for renal dialysis</p> <p>\$0 copay for kidney disease education services</p> <p>Medical Nutrition Therapy Services</p> <p><b>Out-of-Network</b></p> <p>\$0 copay for kidney disease education services</p> <p>\$10 copay for renal dialysis</p>

<b>Benefit</b>	<b>Original Medicare</b>
<b>25 - Outpatient Prescription Drugs</b>	<p>Most drugs are not covered under Original Medicare. You can add prescription drug coverage to Original Medicare by joining a Medicare Prescription Drug Plan, or you can get all your Medicare coverage, including prescription drug coverage, by joining a Medicare Advantage Plan or a Medicare Cost Plan that offers prescription drug coverage.</p>
	<p><b>BlueAdvantage Plus (PPO)</b></p>
	<p><b>Drugs covered under Medicare Part B</b></p>
	<p><b>General</b></p> <p>0% copay for Part B-covered chemotherapy drugs and other Part B-covered drugs.</p> <p>0% copay for Part B drugs out-of-network.</p>
	<p><b>Drugs covered under Medicare Part D</b></p>
	<p><b>General</b></p> <p>This plan uses a formulary. The plan will send you the formulary.</p> <p>Different out-of-pocket costs may apply for people who</p> <ul style="list-style-type: none"> <li>- have limited incomes,</li> <li>- live in long term care facilities, or</li> <li>- have access to Indian/Tribal/Urban (Indian Health Service) providers.</li> </ul> <p>The plan offers national in-network prescription coverage (i.e., this would include 50 states and the District of Columbia). This means that you will pay the same cost-sharing amount for your prescription drugs if you get them at an in-network pharmacy outside of the plan's service area (for instance when you travel).</p> <p>Total yearly drug costs are the total drug costs paid by both you and a Part D plan.</p> <p>The plan may require you to first try one drug to treat your condition before it will cover another drug for that condition.</p> <p>Some drugs have quantity limits.</p> <p>Your provider must get prior authorization from BlueAdvantage Plus (PPO) for certain drugs.</p>

Benefit	BlueAdvantage Plus (PPO)
<b>25 - Outpatient Prescription Drugs (continued)</b>	<p>You must go to certain pharmacies for a very limited number of drugs, due to special handling, provider coordination, or patient education requirements that cannot be met by most pharmacies in your network. These drugs are listed on the plan's website, formulary, printed materials, as well as on the Medicare Prescription Drug Plan Finder on Medicare.gov.</p> <p>If the actual cost of a drug is less than the normal cost-sharing amount for that drug, you will pay the actual cost, not the higher cost-sharing amount.</p> <p>If you request a formulary exception for a drug and BlueAdvantage Plus (PPO) approves the exception, you will pay Tier 4: Specialty Tier Drugs cost sharing for that drug.</p>
	<b>In-Network</b>
	\$0 deductible.
	<b>In-Network Initial Coverage</b>
	You pay the following until total yearly drug costs reach \$4,700:
	<b>In-Network Retail Pharmacy</b>
	<p><b>Tier 1: Generic Drugs</b></p> <ul style="list-style-type: none"> <li>- \$10 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- \$30 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p><b>Tier 2: Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- \$60 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p><b>Tier 3: Non-Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- \$60 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p><b>Tier 4: Specialty Tier Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- Specialty Drugs limited to a 30 day supply.</li> </ul>
	<b>In-Network Long Term Care Pharmacy</b>
	<p>Long Term Care Drugs are limited to a 31 day supply</p> <p><b>Tier 1: Generic Drugs</b></p> <ul style="list-style-type: none"> <li>- \$10 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Tier 2: Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Tier 3: Non-Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Tier 4: Specialty Tier Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (31-day) supply of drugs in this tier</li> </ul>

Benefit	BlueAdvantage Plus (PPO)
<b>25 - Outpatient Prescription Drugs</b> <i>(continued)</i>	<b>In-Network Mail Order</b>
	<p><b>Tier 1: Generic Drugs</b></p> <ul style="list-style-type: none"> <li>- \$10 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- \$20 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p><b>Tier 2: Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- \$40 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p><b>Tier 3: Non-Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- \$40 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p><b>Tier 4: Specialty Tier Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- Specialty Drugs limited to a 30 day supply</li> </ul>
	<b>In-Network Catastrophic Coverage</b>
	<p>After your yearly out-of-pocket drug costs reach \$4,700, you pay the greater of:</p> <ul style="list-style-type: none"> <li>- 5% coinsurance, or</li> <li>- \$2.60 copay for generic (including brand drugs treated as generic) and a \$6.50 copay for all other drugs.</li> </ul>
	<b>Out-of-Network</b>
<p>Plan drugs may be covered in special circumstances, for instance, illness while traveling outside of the plan's service area where there is no network pharmacy. You may have to pay more than your normal cost-sharing amount if you get your drugs at an out-of-network pharmacy. In addition, you will likely have to pay the pharmacy's full charge for the drug and submit documentation to receive reimbursement from BlueAdvantage Plus (PPO). Out-of-network drugs are limited to a 30-day supply.</p>	
<b>Out-of-Network Initial Coverage</b>	
<p>You will be reimbursed up to the plan's cost of the drug minus the following for drugs purchased out-of-network until total yearly drug costs reach \$4,700:</p> <p><b>Tier 1: Generic Drugs</b></p> <ul style="list-style-type: none"> <li>- \$10 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Tier 2: Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Tier 3: Non-Preferred Brand Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Tier 4: Specialty Tier Drugs</b></p> <ul style="list-style-type: none"> <li>- \$20 copay for a one-month (30-day) supply of drugs in this tier</li> <li>- Specialty drugs limited to a 30 day supply.</li> </ul> <p>You will not be reimbursed for the difference between the Out-of-Network Pharmacy charge and the plan's In-Network allowable amount.</p>	

<b>Benefit</b>		<b>BlueAdvantage Plus (PPO)</b>
<b>25 - Outpatient Prescription Drugs (continued)</b>	<b>Out-of-Network Catastrophic Coverage</b>	
	<p>After your yearly out-of-pocket drug costs reach \$4,700, you will be reimbursed for drugs purchased out-of-network up to the plan's cost of the drug minus your cost share, which is the greater of:</p> <ul style="list-style-type: none"> <li>- 5% coinsurance, or</li> <li>- \$2.60 copay for generic (including brand drugs treated as generic) and a \$6.50 copay for all other drugs.</li> </ul> <p>You will not be reimbursed for the difference between the Out-of-Network Pharmacy charge and the plan's In-Network allowable amount.</p>	
<b>Benefit</b>	<b>Original Medicare</b>	<b>BlueAdvantage Plus (PPO)</b>
<b>26 - Dental Services</b>	Preventive dental services (such as cleaning) not covered.	<b>In-Network</b>
		<ul style="list-style-type: none"> <li>- \$0 copay for Medicare-covered dental benefits</li> <li>- \$0 copay for the following preventive dental benefits: <ul style="list-style-type: none"> <li>▪ oral exams</li> <li>▪ cleanings</li> <li>▪ fluoride treatments</li> <li>▪ dental X-rays</li> </ul> </li> <li>- \$15 copay for hearing exams</li> </ul> <p><b>Out-of-Network</b></p> <ul style="list-style-type: none"> <li>- \$0 copay for preventive dental benefits</li> <li>- \$0 copay for comprehensive dental benefits</li> </ul> <p><b>In and Out-of-Network</b></p> <p>\$100 plan coverage limit for dental benefits every year. This limit applies to both in-network and out-of-network benefits.</p> <p>Contact the plan for availability of additional in-network and out-of-network comprehensive dental benefits.</p>
<b>27 - Hearing Services</b>	<p>Supplemental routine hearing exams and hearing aids not covered.</p> <p>20% coinsurance for diagnostic hearing exams.</p>	<b>In-Network</b>
		<ul style="list-style-type: none"> <li>- \$0 copay for hearing aids</li> <li>- \$10 copay for Medicare-covered diagnostic hearing exams</li> <li>- \$10 copay for up to 1 supplemental routine hearing exam(s) every two years</li> <li>- \$10 copay for hearing exams</li> <li>- \$10 copay for up to 1 hearing aid fitting evaluation(s) every two years.</li> <li>- \$200 limit for hearing aids every two years.</li> </ul> <p><b>Out-of-Network</b></p> <p>Hearing aids not covered.</p> <ul style="list-style-type: none"> <li>- \$15 copay for Medicare-covered diagnostic hearing exams</li> <li>- \$15 copay for up to 1 supplemental routine hearing exam(s) every year</li> <li>- \$15 copay for hearing exams</li> </ul>

Benefit	Original Medicare	BlueAdvantage Plus (PPO)
<b>28 - Vision Services</b>	<p>20% coinsurance for diagnosis and treatment of diseases and conditions of the eye.</p> <p>Supplemental routine eye exams and glasses not covered.</p> <p>Medicare pays for one pair of eyeglasses or contact lenses after cataract surgery.</p> <p>Annual glaucoma screenings covered for people at risk.</p> <p>Over-the-Counter items are not covered.</p>	<p><b>In-Network</b></p> <p>\$0 copay for</p> <ul style="list-style-type: none"> <li>- one pair of eyeglasses or contact lenses after cataract surgery</li> <li>- glasses</li> <li>- contacts</li> <li>- lenses</li> <li>- frames</li> </ul> <p>- \$10 copay for exams to diagnose and treat diseases and conditions of the eye.</p> <p>- \$10 copay for up to 1 supplemental routine eye exam(s) every year</p> <p>If the doctor provides you services in addition to eye exams, separate cost sharing of \$10 may apply</p> <p><b>Out-of-Network</b></p> <p>\$10 copay for eye exams.</p> <p>0% copay for eye wear.</p> <p><b>In and Out-of-Network</b></p> <p>\$100 plan coverage limit for eye wear every year. This limit applies to both in-network and out-of-network benefits.</p> <p>This plan does not cover Over-the-Counter items.</p>
<b>29 - Transportation (Routine)</b>	<p>Not covered.</p>	<p><b>In-Network</b></p> <p>This plan does not cover supplemental routine transportation.</p>
<b>30 - Acupuncture</b>	<p>Not covered.</p>	<p><b>In-Network</b></p> <p>This plan does not cover Acupuncture.</p>





**BlueCross BlueShield of Tennessee**

Attn: BlueAdvantage  
1 Cameron Hill Circle  
Chattanooga, TN 37402

**1-800-818-0962**

**8 a.m. to 9 p.m., Eastern Time**

**TTY/TDD users call: 1-888-423-9490**

**or visit [www.bcbst-medicare.com](http://www.bcbst-medicare.com)**

From February 15 to October 14 you may be required to leave a message on holidays and weekends. Your call will be returned the next business day.



BlueCross BlueShield of Tennessee  
1 Cameron Hill Circle | Chattanooga, TN 37402  
[bcbst-medicare.com](http://bcbst-medicare.com)

A health plan with a Medicare contract.

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