

## Preventive Care – 100% Covered

Vanderbilt has adopted the U.S. Preventive Services Task Force guidelines to cover certain preventive services at 100% as part of your medical plan administered by BlueCross BlueShield of Tennessee. Services covered at 100% with no member cost share are noted below. If you have any questions, contact customer service at 1-800-565-9140.

### BENEFIT PROVISION

#### Well Child Care

100% in-network with no \$ limits in or out of network

#### Adult Routine Physical Exam

100% in-network with no \$ limits in or out of network

#### Immunizations

100% in-network with no \$ limits in or out of network

#### Routine Gyn

100% in-network with no \$ limits in or out of network

#### Routine Mammogram

100% in-network with no \$ limits in or out of network

#### Routine PSA/DRE

100% in-network with no \$ limits in or out of network

#### Colorectal Cancer Screening

100% in-network with no \$ limits in or out of network

#### Routine Eye Exam

Vision screening performed by the physician during the preventive exam

#### Routine Hearing Exam

Hearing screening performed by the physician during the preventive exam

### BENEFIT FREQUENCY

7 exams in the first 12 months of life;  
3 visits in the second 12 months of life;  
3 visit in the third 12 months of life;  
1 exam per year thereafter (ages 4 & up)

1 exam per calendar year

Applies to well child and adult routine care; includes travel immunizations and flu shots  
Immunizations include: Diphtheria, pertussis, tetanus (DPT); Hepatitis A; Hepatitis B; Herpes zoster; Human papillomavirus (HPV); Influenza (Flu); Measels, mumps, rubella (MMR); Meningococcal (meningitis); Pneumococcal (pneumonia); and Varicella (chicken pox)

Includes 1 OB/GYN visit and pap smear per calendar year

Includes 1 mammogram for females age 40 & over per calendar year

Includes 1 annual DRE & PSA for males age 40 & over

For all members age 50+. Fecal occult blood test every year, Sigmoidoscopy (1 every 5 years), double contract barium enema (1 every 5 years), colonoscopy (1 every 10 years)

1 exam per calendar year

1 exam per calendar year