

BlueCross BlueShield of Tennessee has adopted the *Helping Patients Who Drink Too Much: A Clinicians Guide 2005 Edition* as our recommended best practice reference for alcohol abuse. This publication was developed by the National Institutes of Health and the National Institute on Alcohol Abuse and Alcoholism and endorsed by the U.S. Department of Health and Human Services.

BlueCross BlueShield of Tennessee has created a direct link from our Web site to the above. We hope this will be both convenient and helpful to you in caring for your patients. Hard copies of these publications are available upon request by calling 1-800-924-7141, extension 6705.

Click below to view the *Guide to Alcohol Abuse*:

<http://pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/guide.pdf>