

At BlueCross BlueShield of Tennessee, Inc. we remain committed to working with our providers to ensure quality service to our members. It is our intent to make resources available to our providers that will help in this endeavor. BlueCross BlueShield of Tennessee has adopted the National Institutes of Health (NIH) Guidelines for the Diagnosis and Management of Asthma and Managing Asthma During Pregnancy: Recommendations for Pharmacologic Treatment as our recommended best practice references. BlueCross BlueShield of Tennessee attests that the text and format of these compendia have not been altered in any way, nor is this adoption to be construed as a legal or required standard of care.

With permission from the NIH and the National Heart, Lung and Blood Institute (NHLBI), BlueCross BlueShield of Tennessee has created direct links from our Web site to the guidelines. We hope this will be both convenient and helpful to you in caring for your patients with asthma. Paper copies of the guidelines are available upon request by calling 1-800-924-7141, extension 6705.

Click below to view the NIH Guidelines.

Guidelines for the Diagnosis and Management of Asthma (EPR-3):

<http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>

Working Group Report on Managing Asthma During Pregnancy: Recommendations for Pharmacologic Treatment - Update 2004:

<http://www.nhlbi.nih.gov/health/prof/lung/asthma/astpreg.htm>