

At BlueCross BlueShield of Tennessee, Inc. we remain committed to working with our providers to ensure quality service to our members. It is our intent to make resources available to our providers that will help in this endeavor.

BlueCross BlueShield of Tennessee has adopted the 1998: Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults. The Evidence Report as our recommended best practice reference for the identification, evaluation, and treatment of overweight and obesity in adults. BlueCross BlueShield of Tennessee attests that the text and format of these compendia have not been altered in any way, nor is this adoption to be construed as a legal or required standard of care.

BlueCross BlueShield of Tennessee has created a direct link from our Web site to the guideline. We hope this will be both convenient and helpful to you in caring for your patients with adult overweight and obesity. Paper copies of the guidelines are available upon request by calling 1-800-924-7141, extension 7282.

Click below to view the 1998: Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults. The Evidence Report:

http://www.nhlbi.nih.gov/guidelines/obesity/ob_gdlns.pdf