

At BlueCross BlueShield of Tennessee, Inc. we remain committed to working with our providers to ensure quality service to our members. It is our intent to make resources available to our providers that will help in this endeavor.

BlueCross BlueShield of Tennessee has adopted the Seventh Report of the Joint National Committee (JNC) on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure as our recommended best practice reference for the management of hypertension. BlueCross BlueShield of Tennessee attests that the text and format of these compendia have not been altered in any way, nor is this adoption to be construed as a legal or required standard of care.

With permission from the National Institutes of Health (NIH) and National Heart, Lung, and Blood Institute (NHLBI), BlueCross BlueShield of Tennessee has created a direct link from our Web site to the guidelines. We hope this will be both convenient and helpful to you in caring for your patients with hypertension. Paper copies of the guidelines are available upon request by calling 1-800-924-7141, extension 6705.

Click below to view the JNC VII Guidelines:

<http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf>