



TELADOC HEALTH®

Get a Second Opinion
for any Diagnosis,
Treatment or Surgery



Teladoc Health has a team of medical experts to help with a second opinion on your diagnosis or treatment plan. This gives you and your family more information to make decisions on your care. And your health plan includes this benefit at no additional cost to you.

You might want to use this benefit if you:

- › Want to double-check a diagnosis
- › Need to decide on a treatment plan
- › Would like an expert's opinion about a surgery
- › Have a complex/long term condition like cancer, heart health issues, a neurological disorder or bariatric concerns

According to Teladoc Health:

36% of participating members avoid unnecessary surgery

37% of cases lead to a modified diagnosis

71% of participating members modify their treatment plan



Get started today.
Visit bcbst.com/Teladoc.



Or call **1-855-380-7828**.
Hours: 24/7/365

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