

OTC Savings Drug List

Because many medications are available over the counter (OTC), your plan does not cover certain prescription allergy treatment drugs and stomach disorder drugs that have OTC alternatives unless your condition meets specific medical criteria (see below).

OTC alternatives, which are not covered by your plan, cost significantly less than their prescription alternatives, yet they can have similar results. And you can purchase these popular medications when you need them most without a prescription.

The chart below shows you available OTC alternatives to prescription drugs and drug classes not covered by your plan.

Nonsedating Antihistamines (NSAs)

Prescription Drugs

Clarinet syrup¹

Clarinet tablets

Clarinet-D tablets

desloratadine

fexofenadine

fexofenadine/pseudoephedrine

levocetirizine

Xyzal

OTC Alternatives

Alavert D tablets

Alavert tablets

Allegra - all products

cetirizine - all products

Clear-Atadine

Dimetapp Children's Cold & Allergy

fexofenadine

fexofenadine/pseudoephedrine ER

loratadine - all products

Zyrtec - all products

Histamine H2 Blockers (H2s)

Prescription Drugs

cimetidine²

famotidine²

nizatidine²

Pepcid²

ranitidine²

Zantac²

OTC Alternatives

cimetidine tablets

famotidine tablets

Pepcid AC tablets

ranitidine tablets

Tagamet HB tablets

Zantac 75 or 150 tablets

Proton Pump Inhibitors (PPIs)

Prescription Drugs

Dexilant³

esomeprazole magnesium³

lansoprazole³

Nexium³

omeprazole³

pantoprazole³

Prevacid³

Prilosec³

Protonix³

rabeprazole³

OTC Alternatives

cimetidine tablets

esomeprazole magnesium capsules

famotidine tablets

lansoprazole capsules

Nexium 24HR

omeprazole capsules

omeprazole tablets

Pepcid AC tablets

Prevacid 24HR

Prilosec OTC

ranitidine tablets

Tagamet HB tablets

Zantac 75 or 150 tablets

Zegerid OTC

Intranasal Steroids (INS)

Prescription Drugs

budesonide nasal spray

flunisolide nasal spray

fluticasone nasal spray

mometasone nasal spray

OTC Alternatives

Flonase Allergy Relief

Children's Flonase Allergy Relief

ClariSpray

Nasacort Allergy 24 HR

Rhinocort Allergy Spray

Ophthalmic Antihistamines

Prescription Drugs

azelastine

epinastine

olopatadine

Pataday

Patanol

Pazeo

OTC Alternatives

Alaway

Alaway Children's Allergy

Eye Itch Relief

Equate Eye Allergy Relief

ketotifen eye drops

Zaditor

Legend

¹ Covered for ages 6 and under

² Covered for ages 18 and under

³ Covered for ages 18 and under and for ages 19 and over if one of the following Prior Authorization criteria are met:

- Grade III Erosive Esophagitis confirmed by endoscopy (circumferential erosions covered by hemorrhagic and pseudomembranous exudates)
- Grade IV Erosive Esophagitis confirmed by biopsy (presence of chronic complications such as deep ulcers, strictures, or Barrett's metaplasia)
- Zollinger-Ellison syndrome confirmed by a diagnostic test (such as fasting serum gastrin, basal 1 hour acid output, secretion stimulation test)

This list is subject to change throughout the year. Please call Member Service at the phone number listed on your BlueCross BlueShield of Tennessee Member ID card or visit our website at bcbst.com for the most up-to-date information.

