

This information is not intended as a replacement for medical advice. Please speak with your doctor before making changes to your current lifestyle.



Quality Care

FOLLOW-UP CARE FOR CHILDREN PRESCRIBED ADD/ADHD MEDICATIONS



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ADD/ADHD

Timely follow-up for new attention deficit disorder/attention deficit hyperactivity disorder (ADD/ADHD) medications equals better outcomes and quality of life for your children.

Doing what is best for your child is a top priority for any parent. When it comes to starting your child on a new ADD/ADHD medication, it is key that you get all the facts.

A child's response to medications used to treat ADD/ADHD can vary. Side effects can range from minor to sometimes serious. Also, some medications work better for some children than others. That's why you should schedule a follow-up appointment with your child's doctor soon after they've been prescribed an ADHD medicine to discuss any issues or concerns.



Mark Your Calendar

All children newly prescribed ADD/ADHD medications should adhere closely to the following follow-up schedule:

- The first follow-up visit should occur **within 30 days of being prescribed** ADD/ADHD medication.
- The **second and third follow-up visits should happen within nine months** of the first follow-up appointment.

Speak Up

Your child's doctor is there to help, so don't be afraid to ask them to answer any questions you may have about your child's new medication.



ADHD and School

Children with ADHD need the right help at school. Most children with ADHD are not in special education classes. Talk to your child's teacher about ADHD and what kind of help your child needs.

Be sure to talk to your child's teacher often about how your child is doing. The good news is there are many ways at home – and school – to help your child manage ADHD.

Tips for Success at School

- Use a folder for notes between you and the teacher.
- Make sure homework directions are short and clear.
- Praise your child for good behavior or doing well in school.
- Ask the school counselor or psychologist for help.

All of these work together to help children with ADHD achieve their full potential:

- ADHD medicines
- Parental guidance on raising a child with ADHD
- Special help in the school setting
- Teaching children skills