

50% of patients had pain pills left over 64% of patients never count their pain pills

Opioid abuse is one of Tennessee's most pressing public health issues.

And it often starts in the family medicine cabinet.

Help your patients learn how to safely store and dispose of prescription painkillers.

Share information about Count It! Lock It! Drop It!™



Count It!

Count your pills every two weeks. This will prevent theft and ensure that medications are taken properly.

Lock It!

Lock up your medications and store them in a place others wouldn't think to look.

Drop It!

Drop off unused/expired medications for proper disposal. Visit our website for a list of locations.

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