

**QUALITY+** 

Initiation and Engagement of Alcohol and Other Drug Dependence



# Individuals Who Stay in Treatment Longer May Have Better Health Outcomes<sup>1</sup>

Patients with substance use disorders are much more likely to have better outcomes when the appropriate protocols are followed. This is why we're placing an important emphasis on patient education, early treatment and follow-up care.

You can make a difference when you schedule followup treatment for every patient you diagnose with a new episode of alcohol or other drug dependence (AOD). If you can't treat the patient, please refer them to a behavioral health professional.

## What You Can Do to Improve Outcomes:

- Educate your patient about their new alcohol and drug dependence diagnosis.
- Discuss the importance of follow-up care and attending all appointments.
- Identify members of your patient's support system. Ask for and obtain an appropriate release of information to involve this support system. Help them understand the diagnosis and how they can help.
- Refer your patient to a behavioral health provider, if necessary. Work closely with this provider to coordinate your patient's care.

### <sup>1</sup> National Institutes of Health

## Manage Appointments and Codes for Success

- Schedule the initial AOD treatment within 14 days of diagnosis. This treatment may include telehealth or medication assisted treatment (MAT). It may also include an outpatient visit, intensive outpatient encounter, inpatient admission or partial hospitalization.
- Arrange two additional visits within 34 days after the initial treatment visit.
- Use appropriate diagnosis codes for substance use disorders. Please see page 2 for a list of sample codes.
- Use the diagnosis of AOD judiciously. For example, if your adolescent patient receives an AOD diagnosis, this should not be for a "one-time event." The expectation is that they will receive followup treatment.
- Ensure all claims contain:
  - The place of service,
  - Procedure code (as applicable to your contract) and
  - AOD diagnosis

## Need to Refer a Patient to a Behavioral Health Professional?

Please call the customer service number on the back of the patient's insurance card for referrals and/or to set the patient up with Case Management services. We're right here to support the care you give your patients.

## Initiation and Engagement of Alcohol and Other Drug Dependence

## Sample Diagnoses for Alcohol or Other Drug Dependence (AOD)

Alcohol Abuse

Alcohol Dependence

Alcohol Use

Opioid Abuse

Opioid Dependence

Cannabis Abuse

Cannabis Dependence

Sedative, hypnotic or anxiolytic Abuse

Sedative, hypnotic or anxiolytic Dependence

Cocaine Abuse

Cocaine Dependence

Hallucinogen Abuse

Hallucinogen Dependence

Inhalant Abuse

Inhalant Dependence

Detoxification

Other Stimulant Abuse

Other Stimulant Dependence

Other Stimulant Use

### Sample CPT® Codes to File in Conjunction with AOD Diagnosis and IET Stand-Alone Visits:

98960-98962, 99078, 99201-99205, 99211-99215, 99217-99220, 99241-99245, 99341-99345, 99347-99350, 99384-99387, 99394-99397, 99401-99404, 99408-99409, 99411-99412, 99510

## Sample HCPCS Codes to File in Conjunction with AOD Diagnosis and IET Stand-Alone Visits:

G0155, G0176, G0177, G0396, G0397, G0409, G0410, G0411, G0443, G0463, H0001, H0002, H0004, H0005, H0007, H0015, H0016, H0022, H0031, H0034, H0035, H0036, H0037, H0039, H0040, H0047, H2000, H2001, H2010, H2011, H2012, H2013, H2014, H2015, H2016, H2017, H2018, H2019, H2020, H2035, H2036, M0064, S0201, S9480, S9484, S9485, T1006, T1012, T1015

## Sample CPT® Codes to File in Conjunction with AOD Diagnosis and AOD Place of Service (POS) Group 1 and IET Visit Group 1:

90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876

### **IET POS Group 1**:

02-Telehealth, 03-School, 05-Indian Health Service Freestanding Facility, 07-Tribal 638 Freestanding Facility, 09-Prison/Correctional Facility, 11-Office, 12-Home, 13-Assisted Living Facility, 14-Group Home, 15-Mobile Unit, 16-Temporary Lodging, 17-Walk-in Retail Health Clinic, 18-Place of Employment–Worksite, 19-Off Campus-Outpatient Hospital, 20-Urgent Care Facility, 22-On Campus-Outpatient Hospital, 33-Custodial Care Facility, 49-Independent Clinic, 50-Federally Qualified Health Center, 52-Psychiatric Facility-Partial Hospitalization, 53-Community Mental Health Center, 57-Non-residential Substance Abuse Treatment Facility, 71-Public Health Clinic, 72-Rural Health Clinic

### Sample CPT® Codes to File in Conjunction with AOD Diagnosis and AOD POS Group 2:

99221-99223, 99231-99233, 99238-99239, 99251-99255

#### **IET POS Group 2:**

02-Telehealth, 52-Psychiatric Facility-Partial Hospitalization, 53-Community Mental Health Center

#### **IET Online Assessment**

98969, 99444

### **Medication Assisted Treatment Dispensing Event**

H0016, H0020, H0033, J0571, J0572, J0573, J0574, J0575, J2315, S0109

#### BlueCross BlueShield of Tennessee

1 Cameron Hill Circle | Chattanooga, TN 37402 | bcbst.com

BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association

This document is educational in nature and is not a coverage or payment determination, reconsideration or redetermination, medical advice, plan pre-authorization or a contract of any kind made by BlueCross BlueShield of Tennessee. Inclusion of a specific code or procedure is not a guarantee of claim payment and is not instructive as to billing and coding requirements. Coverage of a service or procedure is determined based upon the applicable member plan or benefit policy. For information about BlueCross BlueShield of Tennessee member benefits or claims, please call the number on the back of the member's ID card. This document may not be reproduced, printed, photocopied or distributed without prior written consent from BlueCross BlueShield of Tennessee.

CPT® is a registered trademark of the American Medical Association.

HCPCS is the Healthcare Common Procedure Coding System.