

Lab Sleep Studies Program CPT® List

(Effective 1/01/2022)

Prior authorization* is required for sleep studies performed in a lab setting for adults 18 years or older. Prior authorization isn't required for sleep studies performed at home.

*This program applies to fully-insured members and is an optional add-on for Administrative Services Only (ASO).

CPT® Code	Description
95807	Sleep study, simultaneous recording of ventilation, respiratory effort, ECG or heart rate, and oxygen saturation, attended by a technologist
95808	Polysomnography; any age, sleep staging with 1-3 additional parameters of sleep, attended by a technologist
95810	Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, attended by a technologist
95811	Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bilevel ventilation, attended by a technologist
95805	Multiple sleep latency or maintenance of wakefulness testing, recording, analysis and interpretation of physiological measurements of sleep during multiple trials to assess sleepiness.

* Applies to fully insured members. This program is an optional add-on for self-funded members.