

Chattanooga, TN 37402 bcbst.com

# **Medical Policy Appeals Process - External**

The information below defines BlueCross BlueShield of Tennessee's decision-making process for coverage of a service:

Member's Benefit Plan/Evidence of Coverage (EOC)

The member's benefit plan (i.e., Evidence of Coverage [EOC]) is the first tool in the clinical decision process. If the service is provided within the EOC, then it may require evaluation for medical appropriateness.

**Medical Policy** 

The medical policy is the second tool in the clinical decision process. The Medical Policy Manual will provide policy statements and related medical appropriateness criteria for determining medical necessity.

MCG Care Guidelines and **Utilization Management Guidelines (UMGs)** 

The UM criteria is the third tool in the clinical decision process. If the EOC does not exclude the service, and a medical policy does not address the service, then the UM guidelines should be applied to the request for the service.

#### Purpose

- Ensure appropriate routing, tracking, and resolution of a medical policy appeal
- Establish a standard process for responding to medical policy appeals
- Give providers a standardized process to pursue when they disagree with a medical policy
- Provide accurate tracking of medical policy appeals for reporting

### What is a Medical Policy Appeal?

 A formal notice from a Tennessee provider stating their dissatisfaction with a medical policy position and/or medical appropriateness criteria

# **Information Required from a Provider**

Full-text copies of published, peer-reviewed, evidence-based research studies regarding the technology/procedure in question that support the provider's position

### **Medical Policy Appeals Process**

- Provider submits a written request for an appeal of a medical policy, along with full-text copies of supportive information, to the Provider Appeals Department
- Provider Appeals Coordinator sends the request to the Division Representative for Medical Policy Research & Development
- Medical Policy Research & Development reviews the appeal and supporting information
- The appeal decision is returned to the Provider Appeals Department with a detailed response for the provider
- A written response is sent via registered mail to the Tennessee provider

### **How to Submit a Medical Policy Appeal Request**

Tennessee providers submit a written request and supporting documentation to:

BlueCross BlueShield of Tennessee 1 Cameron Hill Circle Suite 0039 Chattanooga, TN 37402