



## Substance Abuse Clinical Service Authorization Request Form

Please complete this form for both initial and concurrent requests and fax to:

**1-423-591-9498 or 1-800-496-9600**

**OR**

Submit online authorization requests via BlueAccess<sup>SM</sup> anytime day or night.<sup>1</sup>

**Initial Request** – Complete all sections for INITIAL requests.

**Concurrent/Continued Stay Review –Reference/Authorization # \_\_\_\_\_** Complete sections marked with an asterisk\* for concurrent requests.

Inpatient Request

I/P Detox

Substance Abuse I/P

Substance Abuse Residential

Outpatient Request

Substance Abuse Partial Hospitalization

Substance Abuse IOP

Ambulatory Detox

Other (Specify) \_\_\_\_\_

Requested Start Date for this authorization:

\*Number of Sessions: \_\_\_\_\_ Frequency Requested: \_\_\_\_\_

### Member Information

Member Name: \_\_\_\_\_ Member ID#: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Member Phone Number: \_\_\_\_\_

Provider Contact Information (Contact Person): \_\_\_\_\_

Title: \_\_\_\_\_ Phone#: \_\_\_\_\_ Fax#: \_\_\_\_\_

DSM-5/ICD-10 Diagnosis Codes: \_\_\_\_\_

Co-morbidities (medical conditions): \_\_\_\_\_

### Treating Provider and Facility Information

Ordering Physician/Clinician: \_\_\_\_\_ Provider ID#/NPI: \_\_\_\_\_

Address: \_\_\_\_\_

Phone#: \_\_\_\_\_ Fax#: \_\_\_\_\_

Date of order:

Facility/Group Name: \_\_\_\_\_ Provider ID#/NPI: \_\_\_\_\_

Address: \_\_\_\_\_

Phone#: \_\_\_\_\_ Fax#: \_\_\_\_\_ (If different from above)

Utilization Review (UR) Contact: \_\_\_\_\_

UR Contact #: \_\_\_\_\_ Contact email address: \_\_\_\_\_

### **Clinical Information**

Date of evaluation/assessment:

Presenting Problem (drugs of choice, amounts, route of administration, frequency of use, age of 1<sup>st</sup> use, date of last use)

Precipitant (What stressor led to member seeking treatment? Why now? Consider American Society of Addiction Medicine (ASAM) dimensions and expected motivators:

Psychological, medical and legal consequences of use: \_\_\_\_\_

UDS/BAL date/results: \_\_\_\_\_

Psychosocial Factors: (home environment, family/social support, family issues, history of abuse/trauma, occupational/school problems, social service involvement, current/history of mental health issues)

Treatment History (including family involvement in treatment, previous attempts in treatment/outcomes):

\*Baseline (for concurrent reviews-describe movement toward baseline functioning):

\*Treatment Plan:

What are the member's triggers? \_\_\_\_\_

List specific coping skill for each trigger: \_\_\_\_\_

Clean supports identified? \_\_\_\_\_

Home meeting or other support group identified? \_\_\_\_\_

Sponsor in place? \_\_\_\_\_

\*Medications (name, dosage, frequency):

\*Medication Compliant?  Yes  No Barriers? \_\_\_\_\_

\*Discharge Readiness Behavior? \_\_\_\_\_

\*What progress has been made towards stabilization and discharge readiness since last review?

\*If no progress toward stabilization and discharge readiness behavior - how will the treatment plan be changed?

\*Discharge Plan: \_\_\_\_\_

Other relevant information: \_\_\_\_\_

Estimated length of stay, duration of service: \_\_\_\_\_

Estimated discharge date:

Include additional information below or attach additional clinical to fax.

<sup>1</sup> - Contact the eBusiness Marketing team for all your BlueAccess registration and training needs by calling 423-535-5717 option 2 or emailing [eBusiness\\_marketing@bcbst.com](mailto:eBusiness_marketing@bcbst.com).